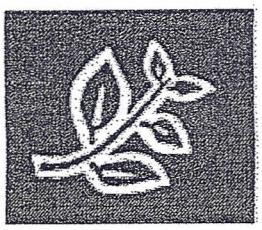
FIT 401 123 9876



WOODS VALLEY HEALTH CENTER 6/2 @ 6AM

[redacted]

PATIENT PLAN FOR 5/24/2017

Name: [redacted] EVE EVERYWOMAN
Date of Birth: [redacted] 7/11/1962
Date of Visit: 05/24/2017 03:00 PM
Visit Type: Preventive Medicine
Rendering provider: [redacted] PATRICIA PRIMARY, MD
Location: [redacted] WOODS VALLEY HEALTH CENTER
Location phone number: [redacted] 401 123 4567

Thank you for choosing us for your healthcare needs. The following is a summary of the outcome of today's visit and other instructions and information we hope you find helpful.

Primary Care Provider: [redacted] PATRICIA PRIMARY, MD

TODAY'S VISIT

REASON(S) FOR VISIT
Preventive exam.

Completed Orders (this encounter)

Order	Details	Reason	Side	Interpretation	Result	Initial Treatment Date	Region
Patient Health Questionnaire (PHQ-2)					0		
Giving encouragement to exercise							
Dietary management education, guidance, and counseling							

Assessment/Plan

#	Detail Type	Description
1.	Assessment	Encntr for general adult medical exam w/o abnormal findings (Z00.00).

EVERYWOMAN, EVE 12345 7/11/1962

2.	Assessment	Anxiety (F41.9).
[redacted]	[redacted]	[redacted]
	[redacted]	[redacted]
4.	Assessment	Other insomnia (G47.09).
5.	Assessment	Acute pain of right shoulder (M25.511).
	Impression	Possible rotator cuff or bicipetal tendonitis.
	Patient Plan	referral for PT
	Plan Orders	Referrals: Physical Medicine and Rehabilitation. First Physical Therapy.
6.	Assessment	Pain of right thumb (M79.644).
	Impression	Possible mild tenosynvitis from overuse.
	Patient Plan	referral for PT. Short term use of Naproxen 375 twice daily for 2 wks.
7.	Assessment	Body mass index (BMI) 20.0-20.9, adult (Z68.20).
	Plan Orders	Today's instructions / counseling include(s) Dietary management education, guidance, and counseling.Giving encouragement to exercise

INSTRUCTIONS FOR PATIENT
Giving encouragement to exercise
Dietary management education, guidance, and counseling

The patient was checked out at 3:40 PM by [redacted] PATRICIA PRIMARY

MEDICATIONS

Medication	Dose	Sig Description	PRN Status	PRN Reason	Comments
[redacted]	[redacted]	[redacted]	[redacted]		
Fish Oil 360 mg-1,200 mg capsule	360 mg-1,200 mg	take one capsule daily	N		
lorazepam 0.5 mg tablet	0.5 mg	take 1 Tablet by oral route every day prn	N		
naproxen 375 mg tablet	375 mg	take 1 tablet by oral route 2 times every day with food	N		
Restasis 0.05 % eye drops in a dropperette	0.05 %	instill 1 drop by ophthalmic route every 12 hours into affected eye(s)	N		
Super B-50 Complex capsule		take 1 tablet by oral route every day	N		
Vitamin D3 400 unit capsule	400 unit	take 1 capsule by oral route every day	N		
zolpidem 5 mg tablet	5 mg	take 1 tablet by oral route every day at bedtime as needed	N		

VITAL SIGNS

BP mm/Hg	Pulse/min	Resp/min	Temp F	Height (Total in.)	Weight (lbs.)	Weight (oz.)	Weight %	BMI	BMI %
114/71	69	16	98.00	63.50	120.00			20.92	

FOLLOW UP

FOLLOW UP

Status	Ordered	Order	Timeframe	Comments
ordered	05/24/2017	follow-up visit with [redacted] PAT PRIMARY [redacted] MD, MD for preventive care 1 Year	1 Year	

REFERRALS

Status	Physician	Reason	Timeframe	Appointment
ordered	Referrals: Physical Medicine and Rehabilitation. [redacted] Physical Therapy			

OTHER HEALTH INFORMATION

Smoking status: Former smoker.

SMOKING STATUS

Use Status	Type	Smoking Status	Usage Per Day	Years Used	Total Pack Years
yes	Cigarette	Former smoker	1 Packs	12.00	12.00

ALLERGIES

Medication Name	Ingredient	Reaction	Comment
	NO KNOWN ALLERGIES		

PROBLEM LIST:

Problem Description	Onset Date	Chronic	Clinical Status	Notes
Anxiety	05/17/2016			
Dry eyes	05/17/2016			
Insomnia, unspecified type	05/17/2016			
[redacted]	[redacted]			
Allergic rhinitis due to pollen	05/17/2016			

For the following elements there is no pertinent information available OR they were not addressed in this encounter: Procedures performed during the visit, immunizations administered during the visit, medication administered during the visit, laboratory test results, diagnostic tests pending, future scheduled tests.

Sincerely,

Completed by:

[redacted] 05/24/2017 3:40 PM
PRIMARY, PATRICIA
Document generated by: [redacted] 05/24/2017
PATRICIA PRIMARY, MD
[redacted] 05/24/2017 03:00 PM Page: 3/4
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