

## **In-Session Scenario #1 (Patient 24 - Xena)**

Xena is a 32-year-old female patient who is expecting her first child and wishes to have the baby delivered by caesarian section.

### **Header Data**

- Patient: Xena
- Author
  - Dr. Joyce S. Smoot
  - Address: 7123 Hacks Cross Rd, Olive Branch, MS 38654
  - Phone: (662) 555-1147
- Care Team
  - Xavier Amana (husband)
  - Emma E. Roberts (nutritionist)
  - Dr. Katherine T. Cole (family physician)
  - Dr. Joyce S. Smoot (obstetrician)

### **Allergies and Intolerances**

- No Known

### **Smoking Status**

- Non Smoker

### **Medications**

- None

### **Problem**

- Pregnant (approximately 7 weeks)

### **Procedures**

- None

### **Medical Equipment**

- None

## Results

- None

## Vital Signs

- April 9, 2016 - Height: 5'2", Weight: 130 pounds, Blood Pressure: 120/75

## Immunizations

- Patient indicates she refused HPV vaccination at age 12 as her parents had concerns over the safety of the vaccine

## Assessment and Plan

- Patient is approximately 7 weeks pregnant
- Patient is in good health
- No significant risk factors
- Patient to work with nutritionist re: healthy diet and appropriate weight gain
- Patient to attend prenatal classes
- Monthly follow up with Dr. Smoot until 30-32 weeks
- Planned C-Section at 39 weeks