

IAT #2 CCD Scenarios

Albert is a 62-year-old gentleman who was diagnosed with Stage 1 Hypertension in 2013 and Osteoarthritis in 2014. He follows a maintenance regime of Bendroflumethiazide to treat the Hypertension.

In December 2015, Albert was identified as a candidate for a partial knee replacement and a full lipid panel was ordered along with an electrocardiogram. Lipid results are borderline high and the electrocardiogram was unremarkable. Albert was subsequently referred by his GP Dr. Moreland to Dr. Barry Fleming for further assessment.

He underwent a bicompartamental knee replacement in April 2016 and is due for a follow up with Dr. Fleming in May.

Header Data

- Patient #1(Albert)
- Author
 - Dr. Andrew Moreland
 - Address: 613 Jefferson Street, Natchez, MS 39120
 - Phone: (601) 555-5593

Sections

Allergies and Intolerances

- No Known

Smoking Status

- Non Smoker

Medications

- Apixaban 2.5 mg tablets: one tablet twice daily (April 10 - current)
- Bendroflumethiazide 2.5mg tablets: 2 tablets daily (September 2014 - December 2014)
- Bendroflumethiazide 2.5mg tablets: 2 tablets three times a week (January 2015 - current)

Problem

- Stage 1 Hypertension - diagnosed in December 2013
- Osteoarthritis - diagnosed September 2014

Procedures

- Bicompartamental partial knee replacement (April 2016)
 - MCK Patellofemoral Component - 00848486000400
 - MCK Inlay Tibial Component - 00848486001032
 - MCK Patella Component - 00848486000349

Results

- December 10, 2015 - lipid panel
 - LDL - 3.56 mmol/L
 - HDL - 1.1 mmol/L
 - Triglycerides - 1.9 mmol/L
 - Total - 5.71 mmol/L
- December 10, 2015 - electrocardiogram
 - normal

Vital Signs

- January 10, 2016 - Height: 5'11", Weight: 185 pounds, Blood Pressure: 140/90

Immunizations

- September 15, 2015 - Influenza

Assessment and Plan

- 12 day supply of anticoagulants to aid recovery
- Tylenol recommended to manage pain. Follow up with Dr. Fleming if this is not working.
- Monitor for signs of infection
- Patient to follow physical therapy and exercise routine as discussed
- Follow up with Dr. Fleming in one month

Goals

- 100% range of motion of knee (patient goal)
 - Weight of 178 lbs (GP goal)
 - BP in normal range - i.e. 120/80 (GP goal). Related to hypertension.
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